



CONTACT US



Youth QR code
sign up:



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Department of
Public Health



YOUTH
CARE
TEAM



Department of
Public Health



YOUTH



CARE



TEAM



WORKING TO KEEP
TEENS HAPPY &

Healthy



OVERVIEW OF PROGRAM

Youth care services offer a confidential, judgment-free, safe space. We support young people around mental, sexual, and reproductive wellness as early as age 13. We'll work with you and your provider to make healthy choices. Our dedicated staff are sensitive to the diverse needs of adolescents.

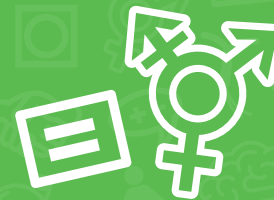


You, your parent, or provider can request services from the Youth Care Team - we are here to listen!



Behavior Screenings and Referrals

- Provide a private space with an adult who listens
- Connect you with a therapist
- Share resources to manage stress and anxiety
- Show you how to cope with problems in a positive way
- Navigate challenges at school



Sexual Health Education

- Distribute condoms
- Share information about safer sex practices for sexually transmitted infections
- Build communication and healthy relationship skills
- Support gender and sexual identity



Reproductive Health Counseling

- Address concerns about puberty
- Answer birth control and emergency contraception questions
- Pregnancy options counseling
- Pregnant and parenting teen resources